



Supporting:



Our school is participating in the **Eat Smart B Active®/Healthiest School Awards®** thanks to Happy Healthy Kidz Australia™ and Medibank Community Fund to support our school's dedication to our students' health, well-being and learning outcomes.



EAT SMART B ACTIVE® LIVE - Students from P-4 will attend the *Eat Smart B Active® LIVE* Production on Wednesday 14 October at 11am.

EAT SMART B ACTIVE® REWARDS CHALLENGE – Students will participate in an exciting four week healthy lunch box and skipping rope challenge, and have the chance to win great prizes, including \$100 to the Healthiest Classroom courtesy of St.George Bank.

HAPPY HEALTHY KIDZ AUSTRALIA™ NEEDS YOUR HELP to raise funds to deliver the *Eat Smart B Active®/Healthiest School Awards®* program to other schools and communities in need. Look out for the fundraising form that will come home with your child.

PARENT HEALTHY LUNCH BOX WORKSHOP – Come along to a fun Parent Healthy Lunch Box Workshop at our school hall on Thursday 15 October at 9am for simple tips to create delicious & nutritious '5 out of 5' scoring school lunch boxes your kids will love!

JOIN THE EAT SMART B ACTIVE COMMUNITY!!! Sign up for FREE *Eat Smart B Active®* tips for the health & well-being of your family. Visit www.eatsmartBactive.com.au to find out more.

IMPORTANT DATES:

Wednesday 14 October – 11am

Eat Smart B Active® LIVE

Gold coin donation for parents & children under school age

Thursday 15 October - 9am

Parent Healthy Lunch Box Workshop – FREE



Monday 19 Oct – Friday 6 Nov

Eat Smart B Active® challenge – winners announced November



WIN CA\$H & PRIZES



PARENTS, BOOK YOUR PLACE NOW! Detach this slip & return to school by **Monday 12 October**.

I will be attending Eat Smart B Active® LIVE on Wednesday 14 October – Gold Coin Donation

YES	NO
<input type="checkbox"/>	<input type="checkbox"/>

I will be attending the Parent Healthy Lunch Box Workshop – Thursday 15 October 2015 @ 9am - FREE

<input type="checkbox"/>	<input type="checkbox"/>
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PARENT NAME:

CHILD'S NAME/CLASS:

EMAIL:

TELEPHONE NO.